

Trinidad Baptist Church
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Capitol Heights, MD 20743
Rev. Justin T. Rhodes, Senior Pastor
www.tbcwdc.org

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Ray of Hope Ministry



"God is our refuge and strength, A very present help in trouble" –*Psalm 46:1 (NKJV)*

RESOURCES

Below is a list of local domestic violence assistance and social services. Please note, due to the COVID-19 pandemic, call volume is high and wait times may be long.

D.C.

Domestic Violence Coordinator at Police Headquarters
202-727-7137

<https://mpdc.dc.gov/page/domestic-violence-resources>

Crisis Helpline

202-561-7000

<https://mpdc.dc.gov/page/domestic-violence-resources>

D.C. Citywide Sexual Assault Hotline

202-333-RAPE

<https://mpdc.dc.gov/page/domestic-violence-resources>

Break the Cycle

202-654-4039 or 800-258-8840

www.breakthecycle.org

House of Ruth
202-667-7001
www.houseofruth.org

My Sister's Place
202-529-5991
www.mysistersplacedc.org/

La Clinica del Pueblo
202-462-4788
www.lcdp.org

Maryland

Resource Information: Dial 211
<https://211md.org/>

National Substance Abuse Hotline
410-402-8600 (8am-5pm M-F)
<https://bha.health.maryland.gov/Pages/CONTACT-US.aspx>

Maryland Network Against Domestic Violence
800-MDHELPS (800-634-3577)
<http://mnadv.org>

Maryland Homeless Hotline
1-888-731-0999 or 301-864-7095
<https://www.princegeorgescountymd.gov/1672/Emergency-Shelter>

University of Maryland Capital Regional Health (includes a telephone hotline):
Prince George's County Hospital Center Domestic Violence/Sexual Assault Center
<https://www.umms.org/capital/health-services/domestic-violence-sexual-assault>
Help Line: 301-618-3154

Elder Abuse Hotline
1-800-917-7383
<https://211md.org/abuse>

*Available at <https://www.princegeorgescountymd.gov/1671/Domestic-Violence>

*Prince George's County Sheriff's Office Domestic Violence Unit
301-780-8408

*Prince George's County Police Dept. Domestic Violence Unit
301-772-4433

*Prince George's County Health Dept. Domestic Violence Coordinator
301-883-7873

*Prince George's County Family Crisis Center (24 hr.)
301-731-1203 or 866-382-7474

*House of Ruth 24-Hour Hotline
410-889-RUTH (410-889-7884)

*House of Ruth (Legal & Counseling Services)
301-779-2100 or 240-450-3270

JCADA
877-88-JCADA (52232) or 301-315-8040
jcada@jcada.org

Community Advocates for Family and Youth (CAFY)
301-390-4093
www.cafyonline.org

Children – MD Child Protective Services (PG County)
301-909-2450 or 301-699-8605 (after hours)
<https://www.princegeorgescountymd.gov/1647/Child-Protective-Services>

National Youth Crisis Hotline
1-800-448-4663 or 1-800-422-0009 (MD Youth Crisis)
<https://health.maryland.gov/suicideprevention/Pages/Maryland-Crisis-Hotline.aspx>

Disabled/Special Needs Adults
Adult Protective Services
PG County DSS
301-909-7025 M-F (8am-5pm) or 301-699-8605 after hours
<https://www.princegeorgescountymd.gov/1642/Adult-Resources>